

2021 Track and Field overview report under 13 – under 20

As a club we once again competed in the YDL and the Heart of England league but whilst at the end of Spring/beginning of summer, competitions this season were looking very unlikely, we were fortunate to be able to compete in both the Heart of England league and the YDL league. In both of the Heart of England matches, we were able to invite 10 U11 athletes to compete for their club for the first time. All of them achieving personal bests! Our older siblings were on hand to help with relay practice, warm ups and calming of the nerves!

With our U13 and U15 boys and girls we had over 55 athletes competing this summer for the club. It was excellent to see many athletes volunteering to participate in events that are not their favourite. In YDL we came second overall behind Birchfield harriers.

For the U17 and U20 age group they had 4 YDL league competitions to compete in and as in previous years we were in a composite team with Leamington. Over the 4 competitions we had 35 athletes compete from Coventry. This would have been greater but 3 of the competitions were unable to offer discus or hammer due to problems with their throwing cage. In each of the competitions we finished second to Birchfield harriers.

The season has been successful for all age groups, and we would like to thank our officials for their help in every fixture. Without them the club will no longer be able to enter the league's so therefore reducing opportunities for all athletes. If any parent feels that they could help, please ask so you can be directed to the correct people.

After no championships being held in 2020 the 2021 season has been a fantastic season for the junior section of the club. We had a lot of athletes competing at a high standard at major competitions such as the England age groups and English schools and a number taking part in the Warwickshire and Midlands championships. Although it would be nice to see more competing at these more local championships especially amongst our younger age groups.

During the summer we had 8 athletes who were selected to compete at the English Schools with five of them coming away with medals. Both Pierce Clisham and Ramadan Noah were both unlucky not to be at the championships and missed out due to the selection process that had been added for this year. Grace Evans ran in the Junior Girls 75m hurdles running a fantastic race in her heat but unfortunately fell in the final to finish 8th. Camiah Bennett Junior girls 300m ran brilliantly to finish 2nd taking home the silver medal. Monica Davidson Inter girls 300m ran two personal bests to finish 1st in the B final. Rusciano Thomas Riley Inter boys 100m ran two excellent races to win the gold and gain selection for the SIAB. Jake Minshull Inter boys 400m hurdles won the gold and gained selection for the SIAB. Freya Bennett Senior girls 1500m ran a really gutsy race to finish 7th. Corey Nealon Richards Senior boys 200m ran excellent to take home the gold medal. Stephen Baffour Senior boys 200m took home the bronze medal.

At the England age group championships, we had two gold medallists but also had lots of athletes taking part in the championships which is an achievement in itself as they have to gain the entry standards required for the competition. Our two Gold medallists were Jake Minshull in the under 17 boys 800m and Rusciano Thomas Riley in the U17 boys 100m. Also taking part in these championships were Danielle Bleach who made the final of the u15 girls 200m finishing 6th. Grace Evans and Eva Cassidy both competed in the u15 girls 75m hurdles where both of them made the semi-finals. Camiah Bennett made the final of the u15 300m but had to pull out due to an injury.

Monica Davidson ran in the 300m inter girls and Ramadan Noah competed in the 100m and long jump in the under 15 boys. In the older under 20 championships both Corey and Stephen competed in the 200m and Freya Bennett competed in the 1500m finishing 10th.

UK Top 100 ranking.

Below are identified Godiva athlete's that has managed to achieve a top 100 UK ranking this summer.

Under 13 Boys	Joel Burroughs	75m – 96 th . 100m – 49 th . 150m – 99 th . 200m - 84 th . 75m hurdles 28 th
	Cagan Kilic	75m hurdles - 38 th . Long Jump – 66 th . Shot 19 th .
Under 13 Girls	Eleanor Barker	Discus – 51 st . Javelin - 86 th .
	Angelica Botsoe	Javelin – 90 th
Under 15 Boys	Ramadan Noah	100m – 23 rd . high jump – 34 th . Long jump – 24 th
Under 15 Girls	Daniella Bleach	200m – 38 th . 300m – 27 th . High jump – 67 th . Long jump – 41st
	Imogen Lane	Shot – 79 th . Discus – 54 th . Pentathlon 60th
	Grace Evans	75m hurdles - 11 th
	Eva Cassidy	75m hurdles – 20 th
	Camiah Bennett	300m – 3 rd . 100m – 53 rd . 200m – 39 th . 800m – 83 rd
Under 17 Boys	Jake Minshull	400m hurdles – 1 st . 800m – 1 st . 400m – 2 nd . Octathlon – 2 nd . Long jump 5 th . 100m hurdles 16 th . 1500m – 33 rd . High jump – 36 th . 200m – 45 th . Javelin 63rd
	Rusciano Thomas Riley	100m – 2 nd . 200m 6 th
	Jayden Smith	100m – 81 st
Under 17 Girls	Monica Davidson	300m – 15 th
	Naomi Jones	Long Jump – 21 st
Under 20 Men	Corey Nealon Richards	200m 15 th . 100m 48 th
	Stephen Baffour	200m 38 th
	Pierce Clisham	1500m – 37 th . 800m 58 th . 3000m – 62 nd
	Jonathan Knox	400m – 48th
Under 20 Women	Freya Bennett	3000m – 18 th . 1500m – 19 th . 800m – 65 th
	Jessica Starling	400m – 44 th
	Anna Poole	100m hurdles – 42 nd . 100m 75 th

Camiah Bennett. This was Camiah's first full competitive season and she has made a great start both locally and nationally. In the English schools she executed both the heat and final brilliantly and came away with a well-deserved silver medal in the 300m. Unfortunately, she then suffered an injury which meant she was unable to compete in the final of the England age groups or the Midlands championships. Camiah finished the season ranked number 3 in the UK in the under 15 300m and an impressive 21st on the all-time list. Camiah also produced some very good times in the

100m, 200m and 800m so will have options of which event to do when she moves up to the under 17 age group next year.

Rusciano Thomas Riley. Rusciano has made huge progress this summer and became the man to beat over the 100m. He won golds at all the major championships in the 100m winning the English schools, England age groups and the UK school games. He then topped it off with a gold medal when he represented England at the SIAB in Derby. He was part of the winning 4 x100 relay team at the UK school games and was in the silver medal team at the SIAB. He finishes the season ranked number 2 in the UK for 100m and number 6 in the 200m. He is also ranked 60th on the under 17 100m UK All-time list and ran sub 11 seconds on 10 occasions this summer. Ruscaino still has another year in the under 17 age group so will hopefully be able to replicate this again next summer.

Jake Minshull. Jake has finished off the 2021 season as he did the 2019 season by winning all the major individual titles on offer. He won a gold medal in the 800m at the England age groups and then won Gold medals in the 400m hurdles at the English schools, UK School games and the SIAB in Derby where he represented England. At the SIAB Jake broke the championship best performance and put himself 3rd on the UK All Time list for the event as well as being awarded the male performance of the championships. Jake was also part of the winning 4x400m relay teams at the UK School games and SIAB. Carrying on as he has previously Jake also took part in the English schools combined events where he finished 2nd and will therefore represent England at the SIAB combined events in Glasgow on December 4th. Jake had hoped to represent Great Britain at the European under 18 championships in Italy and had qualifying times for both the 800m and 400m hurdles but it was cancelled due to Covid. Fortunately for Jake he was selected to represent GB under 18s at the Manchester international where he competed against the home countries under 20 teams. He chose to compete in the 800m and gained a brilliant silver medal. Jake finishes the season ranked number 1 in the 800m and 400m hurdles, number 2 in the 400m and multi events as well being ranked 18th on the UK All-time list in the 800m.

Corey Nealon Richards. Corey has had a number of injuries which had hampered his preparation for the season. This however did not hold him back. Corey ran two excellent executed races at the English schools and won the 200m final in great style. He also competed at the England age groups. Corey finishes the season ranked 15th in the 200m and has another 2 years left as an under 20 so we should see him moving up the rankings over the next two seasons.

Stephen Baffour. Stephen has also had a number of injuries which prevented him training at full speed at the start of the season. He also managed to run two great races at the English schools which saw him being awarded the bronze medal which matched the medal he won in 2018. Stephen ran the 200m at the England age groups and finishes the season ranked 38th in the under 20 200m.

Elaine Minshull

T&F team Manager